



Helpful Resources and Useful Information: Open Enrollment

Open Enrollment Period:

October 10 – November 4, 2011

Open Enrollment Mailings:

First Mailing: August 8, 2011 Second Mailing: August 15, 2011

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Helpful Resources and Information: Health Plan Chooser Tool

Use the chooser to:

- Explore health plan options and see what's covered in each plan
- Estimate out of pocket costs
- Search for doctors
- View plan satisfaction and quality ratings
- Review wellness programs

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#### Helpful Resources and Information: Health Plan Phone and Web Contact Information

- Anthem Blue Cross: (877) 737-7776, www.anthem.com/ca/calpers
- CVS Caremark: (877) 542-0284, www.caremark.com/calpers
- Blue Shield of CA: (800) 334-5847, www.blueshieldca.com/calpers
- Kaiser Permanente: (800) 464-4000, http://my.kaiserpermanente.org/ca/calpers

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### Helpful Resources and Information: Find A Provider/Clinician

- Anthem Blue Cross
   www.anthem.com/ca/calpers/
   Click the "Find a Provider" link
- Blue Shield of California www.blueshieldca.com/fap/app/search.html Click the "Find a Provider" link
- Kaiser Permanente www.kp.org/calpers Click the "Clinical Staff Directory" link

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### my|CalPERS: New System Update & Training

CalPERS will be launching the new my|CalPERS system.
Please register for training!

- Visit www.calpers.ca.gov/pert
- Select Training and Education
- Select my|CalPERS Training
- Select Register Now

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